



**ROSE ADHERENCE SCALE**  
**SESSION A: PSYCHOEDUCATION ON POSTPARTUM DEPRESSION**

Date of scale completion: \_\_\_\_\_

Clinic: \_\_\_\_\_

Interventionist: \_\_\_\_\_

Group: Yes ☐ No ☐

If yes Number of women in session \_\_\_\_\_

Date of session: \_\_\_\_\_

**Session by Session Adherence to Protocol Scale:**

**Adherence:** For each item, place an X next to tasks that occurred in the session and put an O next to tasks that didn't. This is an assessment of the intervention, not you. We are trying to understand how the intervention happens in real-world settings, so please be honest. It is important for the study to have an accurate picture of what actually happened in each session.

- \_\_\_\_\_ 1. Provides psychoeducation on postpartum depression.  
*Includes postpartum blues*
- \_\_\_\_\_ 2. Provides and reviews handouts on postpartum depression.
- \_\_\_\_\_ 3. Provides relevant resources.  
*Includes my resources handout*
- \_\_\_\_\_ 4. Highlights the importance of support.  
*Includes where to get help handout*