

# Women's Health Breakfast



Supporting the Advancement of  
Innovative Research in Women's Health



## Featuring:

### Dr. Sharon Malone

Chief Medical Advisor, Alloy Health and New York Times bestselling author of *Grown Woman Talk: Your Guide to Getting and Staying Healthy*

**Proceeds will support key research funds including:**

- **The Constance A. Howes Women's Health Innovation Research Fund**
- **The Women's Health Research Institute**

**See reverse for more information**

**Join us on April 24, 2026 in our commitment to supporting women's health!**  
For information on sponsorships and tickets, contact Jennifer Demeter at [jdemeter@carene.org](mailto:jdemeter@carene.org)

Proceeds from the Women's Health Breakfast signature event can be designated to support key research funds to improve the health of women and the community we serve, including:

## The Constance A. Howes Women's Health Innovation Research Fund



The Constance A. Howes Women's Health Innovation Research Fund (CAH Fund) Grant Program fosters innovative research leading to significant advances in women's health and provides grants for research projects that have the potential for significant impact in the field of women's health. Established in 2013 to honor former Women & Infants Hospital President Connie Howes for her many years of service, the fund is driven by gifts from hundreds of individuals and foundation donors.

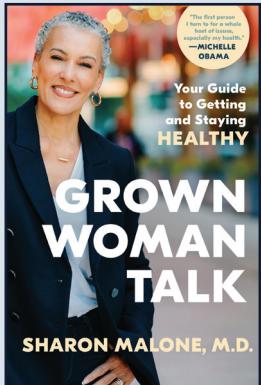
Seed funding is often the springboard that launches promising ideas into reality. The need to innovate is more important than ever as technologies change at lightning speed and new diseases emerge that threaten our health and security. Every year, a select number of commendable investigators are designated to receive funding for innovative projects studying a broad range of medical sciences and technologies related to maternal health.

## The Women's Health Research Institute



An interdisciplinary research institute developed through the completion of The Campaign to Deliver Our Future (realized in 2025) from the generous support of hundreds of donors, The Women's Health Research Institute capitalizes on the strengths of women's healthcare delivery and women's health research across the system.

Women & Infants Hospital and The Women's Health Research Institute are uniquely positioned to ignite change and advance cutting-edge research because of the number of clinical service lines open, the diversity of our patient population, the high volume of patient visits across the system, and the nationally recognized expertise in women's health. This enterprise of research enhances opportunities for research awards, ensuring financial stability and support for women's health research for years to come.



**Dr. Sharon Malone** is a nationally recognized expert in women's health. A Harvard- and Columbia-trained OB/GYN and Certified Menopause Practitioner, she spent nearly three decades serving in one of Washington, D.C.'s most esteemed medical practices before dedicating her career to advocacy, education, and expanding access to menopause care.

A trusted voice featured on *The Michelle Obama Podcast*, *Oprah Winfrey's The Life You Want*, *CBS Sunday Morning*, and more, Dr. Malone has become one of the nation's leading advocates for women's midlife health and equity. Named to the 2024 Forbes 50 Over 50 list and honored with the Health Award by The Black Women's Agenda, she continues to champion reproductive rights, health equity, and honest conversations about women's well-being.

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