

# COMMUNITY RESOURCES

## Housing



### **Rhode Island Coalition for the Homeless**

1070 Main St, Suite 304, Pawtucket, RI 02860

Office line: (401) 721-5685

info@rihomeless.org

The Coordinated Entry System ensures that our most vulnerable neighbors have access to shelter and housing, funded by the Consolidated Homeless Fund, the Continuum of Care, and the Emergency Solutions Grants.

For shelter call our help line at 401-277-4316

M - F: 9am - 9pm

Holidays & Weekends: 2pm - 9pm

We currently serve the following languages:

English, Spanish, Portuguese, & Haitian Creole

### **Crossroads**

160 Broad Street

Providence, RI 02903

401-521-2255

information@crossroadsri.org

## Mental Health



### **BH Link**

BH Link is a behavioral health facility designed to provide immediate assistance to a person in crisis by providing innovative crisis intervention and connecting people to ongoing treatment and care. Services are provided by our professional team of registered nurses, counselors, psychiatrists, phone screeners, and peer specialists. Our clinicians will listen to clients' concerns and take the necessary steps to get people through their crisis, and help make connections to longer term services if needed.

### **Primary components:**

**BH Link Hotline (414-LINK; 414-5465):** a one-stop, statewide 24/7 call-in center that connects people to appropriate care and resources when they or someone they care about is experiencing a behavioral healthcare crisis.

**BH Link Triage Center:** a 24/7 community-based walk-in/drop-off facility where clinicians connect people to immediate, stabilizing emergency behavioral health services, and long-term care and recovery support.

## **Kids Link**

*Behavioral Health Triage Service and Referral Network for Children and Youth*

Kids' Link RI™ is a behavioral health triage service and referral network. A program offered in collaboration with Gateway Healthcare, Lifespan, Hasbro Children's Hospital and Bradley Hospital, Kids' Link RI is available 24 hours a day, seven days a week to help triage children and youth in need of mental health services and refer them to treatment providers.

The free, confidential phone line, 1-855-543-5465, connects parents and caregivers to an experienced clinician that can help them access children's services in Rhode Island and determine the best place to go for treatment and counseling.

Contact Kids' Link RI™ if your child is:

- Feeling excessive anger or sadness
- Lashing out at siblings, friends, and adults
- Having behavior problems at school
- Having severe worries
- Hurting himself/herself or others

## **NAMI Rhode Island**

154 Waterman St., Ste 5B

Providence, RI 02906

(401) 331-3060

<http://www.namirhodeisland.org>

## **United Way of Rhode Island 211**

United Way's 211 is a free and confidential resource. Consumers can find assistance with a variety of needs, from benefits, food, and childcare to gambling addiction, cyber security, and health insurance. Give them a call or visit their walk-in center.

Telephone: 2-1-1

Website: [uwri.org/get-help-2-1-1](http://uwri.org/get-help-2-1-1)

## **National Suicide Prevention Lifeline**

Telephone: 800-273-8255

# Women & Infants Lactation



## **In-Patient Lactation Services**

Our team of Certified Lactation Consultants see all breastfeeding and lactating families during their postpartum stay. Whether your goal is to both breast and bottle feed, exclusively pump, or exclusively breastfeed, our team will work with you to develop a foundation of skills needed for when you take your baby home.

## **Out-Patient Lactation Services**

All families are welcome to return for private follow up sessions with our Certified Lactation Consultants. Appointments can be made with a Lactation Consultant before your postpartum discharge, or by calling the Warmline 1-800-711-7011. Most insurance companies will cover some or all of the charge for lactation visits.



## **The Providence Rescue Mission**

627 Cranston Street  
Providence, RI 02907  
Phone: (401)274-8861

**Chapel and Dinner:** Open Daily 5:00 pm  
**Emergency Shelter:** Open Daily Arrival No Earlier than 3:45 pm  
**Food Pantry:** Fridays 1:00 pm  
**Clothing Distribution:** Saturdays 10:30 am to 12:30 pm

## **Rhode Island Community Food Bank**

200 Niantic Ave, Providence, RI - (401)942-6325  
Hours: Monday - Friday: 8am - 5pm

## **Amos House**

460 Pine Street, Providence, RI 02907  
401-272-0220

In order to maintain health standards during the COVID-19 crisis, all meals are currently served to-go.

### **Monday - Friday**

Breakfast 7:00am - 8:00am  
Lunch 11:00am - 12:30pm

### **Saturday\***

Lunch 11:00am - 12:00pm

\*We are closed the first Saturday of each month

## **CAPP's Food Pantry**

Food Distribution/Pickup: 807 Broad Street, Providence, RI 02907  
Wednesdays 10:00 am-2:00 pm (Seniors and Disabled residents can arrive at 9:30 am)  
*For more information contact:*  
Kymara, Food Pantry Coordinator, at 401-273-2000 x 302

## **We Share Hope and Hope Market**

310 Bourne Avenue - Bldg 70  
Rumford, RI 02916  
401-638-HOPE  
info@wesharehope.org

## **Farm Fresh Winter Market**

<https://www.farmfreshri.org/programs/farmers-markets/wintertime-farmers-markets/>  
Saturdays: 9am-1pm  
10 Sims Ave, Providence, RI 02909

## **Mount Hope Farm**

<https://www.mounthopefarm.org/community-programs/farmers-market>  
7 Days a week: 7 am - 2 pm  
250 Metacom Avenue (Route 136)  
Bristol, RI 02809  
Parking is available in the lot behind the barn

## Women, Infants and Children (WIC) Services

WIC benefits provide you and your child with one-on-one nutrition counseling, referrals with services you may need, and a food prescription to meet your needs and a food prescription to meet you and your child's specific needs. As long as you are in the WIC program, we will meet with you to celebrate the steps in your child's growth and learning. Women who apply early in their pregnancy are more likely to have a healthy baby. Children who stay on WIC until the age of five are better prepared and more likely to succeed in school.

### Who we help

Eligible women who are pregnant, breastfeeding a child under one year old, postpartum women who delivered a baby within six months, children birth to five years old and their caregivers (moms, dads, grandparents, foster parents, or guardians).

### Where to apply for Women, Infants and Children (WIC) Services

Visit <https://health.ri.gov/find/services/detail.php?id=44>

Or scan the QR code with your phone's camera.



## The Supplemental Nutrition Assistance Program (SNAP)

- Provides low-income individuals and families with resources to purchase food
- Based upon income, resources, and the number of individuals in a household
- Provides nutrition assistance in the form of an Electronic Benefit Transfer (EBT) card which must be used at participating food stores
- Department of Human Services Food Access Project provides a pilot program for SNAP recipients who meet certain criteria

To get SNAP benefits, you would need to:

1. Apply online, by mail, or in person
2. Meet certain eligibility requirements
3. Provide the required documentation
4. Have an interview with the department

You may designate another person as an authorized representative acting on your behalf through application in writing. The RI Department of Human Services administers this federal program in Rhode Island determining eligibility and authorizing benefits for low-income households in need.

## Regional Family Centers

Open Monday - Friday

### Providence

206 Elmwood Ave  
Providence, RI 02907  
Phone: 1-855-697-4341  
Fax: 401-415-8349 or 401-415-8557  
Open Monday- Friday (By phone only)

### Woonsocket

800 Clinton Street  
2nd Floor, Suite 201  
Woonsocket, RI 02895  
Phone: 1-855-697-4347  
FAX: 1-401-768-3131

### South County Regional Family Center

4808 Tower Hill Road, Suite G1  
Wakefield, RI 02879  
Phone: 1-855-697-4347  
FAX: 1-401-782-4316  
Open Monday - Friday

### Pawtucket

249 Roosevelt Avenue  
Pawtucket, RI 02860  
Phone: 1-855-697-4347  
Fax: 1-401-721-6659  
Open Monday - Friday

### Warwick

195 Buttonwoods Avenue  
Warwick, RI 02886  
Phone: 1-855-697-4347  
FAX: 1-401-736-1442  
or 1-401-736-1443  
Open Monday - Friday

### Newport Regional Family Center

31 John Clarke Road  
Middletown, RI 02842  
Phone: 1-855-697-4347  
FAX: 1-401-619-7201

# Other



Chocolate Milk Café RI- Journ3i

Mount Hope Community Center/Our Journ3i

199 Camp Street

Providence, RI 02906

Call us: 401-307-1882

<https://www.journ3i.com/chocolatemilkcaferi>

All meetings will be held virtually. If you have any questions, please contact: [rhodeisland@chocolatemilkcafe.com](mailto:rhodeisland@chocolatemilkcafe.com);

If you would like in-home lactation support please contact [journ3i@gmail.com](mailto:journ3i@gmail.com) for a lactation counselor.

Clínica Esperanza

Free Clinic for the Uninsured

60 Valley Street, Suite 104, Providence, RI (401) 347-9093

Monday- Friday: 9:00 am to 9:00 pm

Saturday: 8:00 am to 1:00 pm

COVID-19 Testing Hours:

Monday - Friday: 10:00 am to 2:00 pm

Community Action Partnership of Providence County (CAPP)

518 Hartford Avenue

Providence RI 02909

(P) 401-273-2000

(F) 401-273-2007

Dorcas International Institute

401-784-8600 | [info@diiri.org](mailto:info@diiri.org)

North Campus: 220 Elmwood Avenue, Providence, RI 02907

South Campus: 645 Elmwood Avenue, Providence, RI 02907

(Translation & Interpretation, Clothing Collaborative, Education, Citizenship, Immigration, Refugee Resettlement, Employment)

Refugee Dream Center

Office Hours: 9:00AM – 5:00PM (Monday – Friday)

747 Broad Street, Providence, RI 02907

Tel: 401-300-0544

Adult Education, Youth Programs, Health Promotion, Case Management