

Our Birth Partnership

At Women & Infants Hospital, we know how important it is to support your birth preferences while maintaining a safe outcome and positive experience for you and your family. We want to partner with you and your family during your pregnancy to learn about what is most important to you. We encourage you to talk with your care provider about your preferences over the course of your pregnancy, and work together to create and update your birth partnership as your delivery approaches.

My name is: _____ I prefer to be called: _____

My labor support people are: _____

My doctor/midwife is: _____ My baby's doctor is: _____

During my labor and birth, these things are important to me: _____

These are the things I am worried about: _____

These are the cultural, religious, or personal preferences that are important to me: _____

I am interested in the following comfort amenities: _____

(A list of comfort amenities available at Women & Infants can be found at womenandinfants.org/HavingABaby and click on "Amenities.")

The things that help me relax include: _____

For coping, my goal is:

- | | |
|--|---|
| <input type="checkbox"/> Unmedicated labor and birth | <input type="checkbox"/> IV medication, if needed |
| <input type="checkbox"/> Epidural, if needed | <input type="checkbox"/> Nitrous oxide, if needed |

These things are important to me after delivery: _____

My infant feeding plan is: _____

Notes: _____

We look forward to caring for you and your family during your labor, delivery, and postpartum period. For more information, visit womenandinfants.org/HavingABaby.