**Stress Dose Steroids for Gynecologic Surgery and Vaginal or Cesarean Delivery (PRE-OPERATIVELY)**

- **Hypothalamic-Pituitary-Adrenal (HPA) axis suppression ‘unlikely’**:
  - Less than 5mg of prednisone or equivalent (see reverse) per day for any duration.
  - Alternate-day single morning dose of short-acting glucocorticoid of any dose or duration
  - Any dose of glucocorticoid for less than 3 weeks
  - Give usual daily glucocorticoid dose during perioperative period:
    - Dose: Give __________________________ PO / IV (circle one) q _____ hr

- **HPA axis suppression ‘documented’ / ‘presumed’ / ‘uncertain’**:
  - More than 5mg of prednisone or equivalent (see reverse) per day for 3 weeks or more in the past year
  - Cushingoid appearance and a history of glucocorticoid use
  - Biochemical adrenal insufficiency on low-dose ACTH stimulation test

Choose **ONE** of the following options:

- **Minor Procedure or Local Anesthesia** (dilation and curettage or surgery under local anesthesia):
  - Give usual glucocorticoid dose before surgery with no supplementation:
    - Dose: Give __________________________ PO / IV (circle one) q _____ hr

- **Moderate Surgical Stress** (vaginal and cesarean delivery, laparoscopy and vaginal and abdominal hysterectomy):
  - Give Hydrocortisone Na Succinate 50mg IV prior to induction of anesthesia

- **Major Surgical Stress** (radical hysterectomies, debulking of large tumors or any procedure associated with massive fluid shifts):
  - Give Hydrocortisone Na Succinate 100mg IV prior to induction of anesthesia

**Stress Dose Steroids for Gynecologic Surgery and Vaginal or Cesarean Delivery (POST-OPERATIVELY)**

- **Hypothalamic-Pituitary-Adrenal (HPA) axis suppression ‘unlikely’ (as defined above)**:
  - Give usual daily glucocorticoid dose during perioperative period:
    - Dose: Give __________________________ PO / IV (circle one) q _____ hr

- **HPA axis suppression ‘documented’ / ‘presumed’ / ‘uncertain’ (as defined above)**:
  - Choose **ONE** of the following options:

- **Minor Procedure or Local Anesthesia** (as defined above):
  - Give usual glucocorticoid dose with no supplementation:
    - Dose: Give __________________________ PO / IV (circle one) q _____ hr

- **Moderate Surgical Stress** (as defined above):
  - Give Hydrocortisone Na Succinate 25mg IV every 8 hours for 48 hours then resume usual dose of steroids:
    - Dose: Give __________________________ PO / IV (circle one) q _____ hr

- **Major Surgical Stress** (as defined above):
  - Give Hydrocortisone Na Succinate 50 mg IV every 8 hours for 72 hours then resume usual dose of steroids:
    - Dose: Give __________________________ PO / IV (circle one) q _____ hr

**Provider Signature**

**Provider Printed**

**Provider Beeper**
# Systemic Equivalencies of Corticosteroids

<table>
<thead>
<tr>
<th>Glucocorticoid</th>
<th>Approximate Equivalent Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cortisone</td>
<td>25 mg</td>
</tr>
<tr>
<td>Hydrocortisone</td>
<td>20 mg</td>
</tr>
<tr>
<td>Methylprednisolone</td>
<td>4mg</td>
</tr>
<tr>
<td>Prednisolone</td>
<td>5mg</td>
</tr>
<tr>
<td>Prednisone</td>
<td>5mg</td>
</tr>
<tr>
<td>Triamcinolone</td>
<td>4mg</td>
</tr>
<tr>
<td>Betamethasone</td>
<td>0.6-0.75mg</td>
</tr>
<tr>
<td>Dexamethasone</td>
<td>0.75mg</td>
</tr>
</tbody>
</table>